

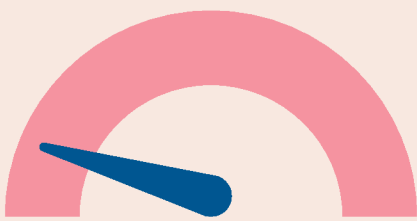
# SPOTLIGHT ON Women's Health

**FIFTY-ONE PERCENT** OF THE 1.2 MILLION SOUTH HAMPTON ROADS RESIDENTS ARE **WOMEN**

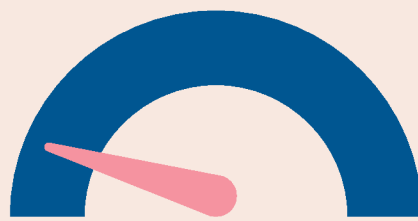


**12.1%** OF PEOPLE LIVING BELOW 100% OF THE POVERTY LINE IN OUR AREA ARE **WOMEN**

## WHAT DOES OUR REGION LOOK LIKE?



12% of families live below the poverty line  
(Sentara)



11.5% of families are uninsured  
(Sentara)

## Social Determinants of Health



Social Determinants of Health Copyright-free Healthy People 2030

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

## WHAT IS MOST IMPORTANT TO THE HEALTH OF ADULTS?

01 Health screenings

02 Awareness/ Understanding of health issues

03 Immunizations

(Sentara)

## WHAT IS MOST IMPORTANT TO THE HEALTH OF CHILDREN?

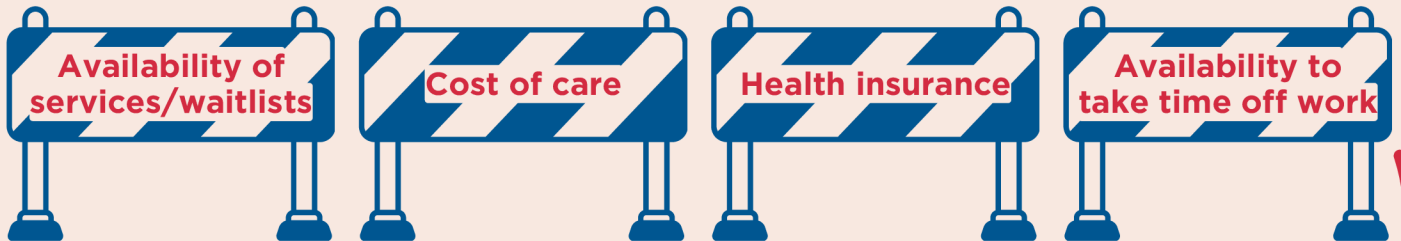
01 Annual checkups

02 Immunizations

03 Access to fresh food

(Sentara)

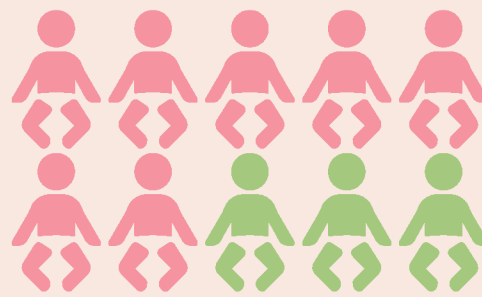
## WHAT ARE THE BARRIERS TO CARE?



(Sentara)

## WHY IS CHILDCARE AN ISSUE?

**\$2,133**  
the average monthly cost of childcare in South Hampton Roads  
(care.com)



Highlights the intersection of childcare and women's health

71% of respondents agree or strongly agree that affordable childcare is an issue in the area  
(ODU SSRC)

## WHAT RESOURCES ARE AVAILABLE?



American Heart Association



UNITED WAY South Hampton Roads



HOPES Free Clinic

Greater Hampton Roads

Diaper Bank



HAMPTON ROADS



The King's Daughters Milk Bank



Postpartum Support Virginia

eliminating racism empowering women  
**ywca**  
South Hampton Roads



Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved 12Feb2025, from <https://odphp.health.gov/healthypeople/objectives-and-data/social-determinants-health>

Vandecar-Burdin, T., Gainey, R., Richman, J., Wilson-John, W. (2023). The Social Science Research Center at Old Dominion University. <https://www.odu.edu/sites/default/files/2025/documents/2024-lihr-report-final.pdf>